

Domino's® Nutrition Guide



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Using the Food Pyramid as guide, Domino's Pizza can be part of a healthy, balanced diet. Because pizza is customizable, it is possible to enjoy a variety of foods (bread, vegetables, cheese and meats) on a single slice.

We choose our ingredients on the basis of safety, taste and nutritional content to bring our consumers what they want. Domino's Pizza dedicates its attention, energy, and resources to one mission: deliver a delicious, hot, and fresh pizza every time.

If you require detailed information, use Domino's online Cal-o-meter: www.dominos.com > *Nutritional Info.*

Recommended Pizza Serving Sizes: Small		Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	1/4 pizza												
Hand Tossed	1/6 pizza												
Handmade Pan Pizza	n/a												
Brooklyn Style	n/a												
Gluten Free Crust	1/6 pizza												
Build Your Own Pizza:		Amount for Entire Small Pizza											
Crust for entire small pizza	Hand Tossed	318	820	170	19	4.5	0	0	930	139	5	7	25
	Crunchy Thin Crust	128	490	170	19	3	0	5	85	67	3	4	12
	Pan Pizza	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Brooklyn Style	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Gluten Free Crust	176	520	140	16	2.5	0.0	0	440	91	3	6	5
Sauce for entire small pizza	Robust Tomato	85	50	0	0	0	0	0	450	10	2	6	2
	BBQ	43	80	0	0	0	0	0	310	17	1	15	1
	White Garlic Parm	43	190	180	20	3.5	0	10	340	2	0	1	1
	Marinara	85	50	15	1.5	0.5	0	5	530	8	1	5	2
Cheese for entire hand tossed or Crunchy Thin crust small pizza	Regular Cheese	99	260	180	20	12	0.5	75	870	5	1	1	16
	Cheese Only Pizza	142	380	250	28	17	1	105	1250	8	1	1	23
	Extra Cheese (w/ toppings)	142	380	250	28	17	1	105	1250	8	1	1	23
Toppings for a 1 topping small pizza		Amount for Entire Small Pizza											
	Anchovies*	28	60	35	4	0	0	25	1650	31	0	0	6
	Bacon	57	270	180	20	7	0	65	1010	5	0	2	16
	Banana Peppers	43	15	0	0	0	0	0	200	2	1	2	1
	Beef	71	220	170	18	8	0	50	400	0	0	0	11
Cheese	American Cheese	57	210	150	17	11	0.5	50	1020	2	0	1	11
	Cheddar Cheese	28	110	80	9	6	0	30	180	0	0	0	7
	Feta Cheese	28	60	35	4	2.5	0	10	250	1	0	0	5
	Parmesan-Asiago, Shredded	28	110	70	8	5	0	20	310	1	0	0	9
	Provolone Cheese	28	100	70	8	5	0	30	240	0	0	0	6
	Chicken	71	100	30	3	1	0	40	520	2	0	0	16
	Chorizo*	71	60	25	3	1	0	20	430	1	0	1	9
	Garlic*	21	30	0	0	0	0	0	0	7	0	0	1
	Green Chile Pepper*	43	10	0	0	0	0	0	5	2	1	1	0
	Fresh Green Peppers	43	10	0	0	0	0	0	0	2	1	1	0
	Ham	47	60	25	3	1	0	20	680	0	0	0	7
	Jalapenos	43	15	0	0	0	0	0	720	3	1	3	1
	Fresh Mushrooms	71	15	0	0	0	0	0	15	2	1	0	2
	Olive, Black	43	70	70	7	1.5	0	0	310	1	1	0	0
	Olive, Green*	43	70	70	7	1.5	0	0	940	1	1	0	0
	Fresh Onions	43	10	0	0	0	0	0	5	3	0	0	0
	Pepperoni	35	160	130	14	5	0	35	680	0	0	0	7
	Philly Steak	57	70	25	2.5	1	0	25	400	1	0	1	10
	Pineapple	71	45	0	0	0	0	0	5	11	1	10	0
	Red Pepper, Roasted	43	10	0	0	0	0	0	70	2	0	1	0
	Salami	38	150	110	12	4.5	0	35	630	1	0	1	9
	Sausage, Italian	71	250	190	21	8	0	40	740	6	0	3	9
	Sausage, Sliced	54	180	140	15	5	0	35	420	0	0	0	9
	Fresh Baby Spinach	43	10	0	0	0	0	0	35	2	1	0	1
	Tomatoes	71	15	0	0	0	0	0	220	4	1	2	1
	Wing Sauce	28	10	0	0	0	0	0	920	2	1	1	0

The pizza products listed in this publication, when made with approved Domino's Pizza ingredients, will provide the nutritional composition as indicated. Information may vary slightly depending on location and supplier. The nutrition information is generated by the industry standard Genesis R&D Nutritional software. The ingredient listings are provided by ingredient manufacturers.

* Limited availability. Check with your local store.

In compliance with California menu labeling regulations: Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

Recommended Pizza Serving Sizes: Medium		Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	¼ pizza												
Hand Tossed	⅓ pizza												
Handmade Pan Pizza	⅓ pizza — see p. 6 for more details												
Brooklyn Style	n/a												
Gluten Free Crust	n/a												
Build Your Own Pizza:		Amount for Entire Medium Pizza											
Crust for entire medium pizza	Hand Tossed	411	1060	210	23	6	0	0	1190	181	6	9	33
	Crunchy Thin Crust	177	670	240	26	4.5	0	5	120	93	5	5	17
	Handmade Pan Pizza	See p. 6 for more details on handmade pan pizza nutrition information.											
	Brooklyn Style	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Gluten Free Crust	See p. 2 for more details on Gluten Free Crust pizza nutrition information.											
Sauce for entire medium pizza	Robust Tomato	120	70	0	0	0	0	0	630	13	3	8	2
	BBQ	71	130	0	0	0	0	0	510	29	1	25	1
	White Garlic Parm	85	390	360	40	7	0.5	20	680	4	0	2	3
	Marinara	128	80	20	2.5	1	0	5	800	12	2	8	2
Cheese for entire hand tossed or Crunchy Thin crust medium pizza	Regular Cheese	142	380	250	28	17	1	105	1250	8	1	1	23
	Cheese Only Pizza	213	560	380	42	26	1.5	155	1870	12	2	2	34
	Extra Cheese (w/ toppings)	213	560	380	42	26	1.5	155	1870	12	2	2	34
Cheese for entire handmade medium pan pizza	Regular Cheese	184	490	330	36	22	1.5	135	1620	10	2	2	30
	Cheese Only Pizza	269	710	480	53	33	2	195	2370	15	3	2	44
	Extra Cheese (w/ toppings)	269	710	480	53	33	2	195	2370	15	3	2	44
Toppings for a 1 topping medium pizza		Amount for Entire Medium Pizza											
	Anchovies*	57	110	70	8	0	0	45	3310	63	0	0	13
	Bacon	71	340	230	26	9	0	80	1260	6	0	3	20
	Banana Peppers	57	15	0	0	0	0	0	270	3	2	3	1
	Beef	99	300	230	26	11	0	65	570	0	1	0	16
Cheese	American Cheese	85	310	230	26	16	1	80	1530	3	0	2	16
	Cheddar Cheese	57	230	170	19	12	1	60	350	1	0	0	14
	Feta Cheese	43	90	50	6	4	0	15	380	1	0	0	7
	Parmesan-Asiago, Shredded	43	170	110	12	8	0	35	460	1	0	0	13
	Provolone Cheese	57	200	150	16	10	0.5	60	470	1	0	0	12
	Chicken	99	140	40	4.5	1	0	60	730	3	0	0	22
	Chorizo	99	90	35	4	1.5	0	30	600	1	0	1	12
	Garlic*	28	40	0	0	0	0	0	0	9	1	0	2
	Green Chile Pepper*	57	10	0	0	0	0	0	10	3	2	1	1
	Fresh Green Peppers	57	10	0	0	0	0	0	0	3	1	2	0
	Ham	71	90	40	4.5	1.5	0	35	1020	0	0	0	11
	Jalapenos	57	15	5	0	0	0	0	960	3	2	3	1
	Fresh Mushrooms	99	20	0	0	0	0	0	25	2	1	0	3
	Olive, Black	57	100	90	10	2	0	0	410	2	2	0	1
	Olive, Green*	57	100	90	10	2	0	0	1250	2	2	0	1
	Fresh Onions	57	15	0	0	0.5	0	0	5	4	1	0	1
	Pepperoni	53	240	190	21	8	0	50	1020	0	0	1	11
	Philly Steak	71	90	30	3	1.5	0	30	500	2	0	1	12
	Pineapple	99	60	0	0	0	0	0	10	16	1	14	0
	Red Pepper, Roasted	57	10	0	0	0	0	0	95	2	1	1	1
	Salami	57	220	160	18	7	0	55	950	1	0	1	13
	Sausage, Italian	99	350	270	30	11	0	55	1030	9	0	4	12
	Sausage, Sliced	89	290	230	26	9	0	60	710	0	0	0	15
	Fresh Baby Spinach	43	10	0	0	0	0	0	35	2	1	0	1
	Tomatoes	99	20	0	0	0	0	0	310	5	2	3	1
	Wing Sauce	28	10	0	0	0	0	0	920	2	1	1	0

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* Limited availability. Check with your local store.

Recommended Pizza Serving Sizes: Large		Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	1/8 pizza												
Hand Tossed	1/8 pizza												
Handmade Pan Pizza	n/a												
Brooklyn Style	1/8 pizza												
Gluten Free Crust	n/a												
Build Your Own Pizza:		Amount for Entire Large Pizza											
Crust for entire large pizza	Hand Tossed	556	1420	270	31	7	0	0	1600	244	8	12	45
	Crunchy Thin Crust	241	920	320	36	6	0	5	160	127	7	7	23
	Pan Pizza	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Brooklyn Style	308	750	100	11	2	0	0	780	138	5	7	25
	Gluten Free Crust	See p. 2 for more details on gluten free crust pizza nutrition information.											
Sauce for entire large pizza	Robust Tomato	170	100	0	0	0	0	0	890	19	4	12	3
	BBQ	99	180	0	0	0	0	0	720	40	1	35	1
	White Garlic Parm	113	510	480	53	9	1	30	910	5	1	3	4
	Marinara	170	100	25	3	1.5	0	5	1060	15	3	10	3
Cheese for entire hand tossed or Crunchy Thin crust large pizza	Regular Cheese	198	530	350	39	24	1.5	145	1750	11	2	2	32
	Cheese Only Pizza	298	790	530	59	36	2	220	2620	16	3	3	48
	Extra Cheese (w/ toppings)	298	790	530	59	36	2	220	2620	16	3	3	48
Cheese for entire Brooklyn Style large pizza	Regular Cheese	213	650	470	52	32	2	190	1820	7	1	2	39
	Cheese Only Pizza	255	770	540	60	37	2	225	2200	9	1	2	46
	Extra Cheese (w/ toppings)	255	770	540	60	37	2	225	2200	9	1	2	46
Toppings for a 1 topping large pizza		Amount for Entire Large Pizza											
	Anchovies*	57	110	70	8	0	0	45	3310	63	0	0	13
	Bacon	99	470	320	36	13	0	110	1770	9	0	4	29
	Banana Peppers	85	25	5	0	0	0	0	410	5	3	5	1
	Beef	142	430	330	37	16	0.5	95	810	0	1	0	22
Cheese	American Cheese	99	360	270	30	19	1	90	1780	3	0	2	19
	Cheddar Cheese	71	290	210	23	15	1	75	440	1	0	0	18
	Feta Cheese	57	120	70	8	5	0	20	510	1	0	0	10
	Parmesan-Asiago, Shredded	57	220	150	16	11	0.5	45	610	2	0	0	17
	Provolone Cheese	71	250	180	20	12	0.5	75	590	1	0	0	15
	Chicken	142	200	60	6	1.5	0	80	1040	5	0	0	31
	Chorizo*	142	130	50	6	2	0	45	850	1	0	1	17
	Garlic*	35	50	0	0	0	0	0	5	12	1	0	2
	Green Chile Pepper*	85	15	0	0	0	0	0	15	4	3	2	1
	Fresh Green Peppers	85	15	0	0	0	0	0	0	4	1	2	1
	Ham	94	120	50	6	2	0	45	1360	0	0	0	15
	Jalapenos	85	25	5	0.5	0	0	0	1440	5	2	5	1
	Fresh Mushrooms	142	30	0	0	0	0	0	35	3	1	0	4
	Olive, Black	85	150	130	15	3	0	0	620	3	3	0	1
	Olive, Green*	85	150	130	15	3	0	0	1870	3	3	0	1
	Fresh Onions	85	25	0	0	1	0	0	10	5	1	0	1
	Pepperoni	71	320	250	28	10	0.5	65	1370	0	0	1	15
	Philly Steak	99	120	40	4.5	2	0	45	690	3	0	2	17
	Pineapple	142	90	0	0	0	0	0	15	23	1	21	1
	Red Pepper, Roasted	85	15	0	0	0	0	0	140	3	1	2	1
	Salami	75	290	220	24	9	0	70	1270	2	0	2	18
	Sausage, Italian	142	500	380	42	16	0	80	1470	13	0	6	17
	Sausage, Sliced	119	390	310	34	12	0	85	940	0	0	0	20
	Fresh Baby Spinach	57	15	0	0	0	0	0	45	2	1	0	2
	Tomatoes	142	30	0	0	0	0	0	450	7	3	4	1
	Wing Sauce	43	15	0	0	0	0	0	1380	3	1	1	0

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Recommended Pizza Serving Sizes: Extra Large		Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	n/a												
Hand Tossed	1/8 pizza												
Handmade Pan Pizza	n/a												
Brooklyn Style	1/6 pizza												
Gluten Free Crust	n/a												
Build Your Own Pizza:		Amount for Entire Extra Large Pizza											
Crust for entire extra large pizza	Hand Tossed	727	1850	340	38	9	0	0	2060	320	11	16	59
	Crunchy Thin Crust	340	1300	450	50	8	0.5	10	230	179	9	10	32
	Pan Pizza	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Brooklyn Style	541	1320	170	19	3.5	0	0	1380	243	8	12	44
	Gluten Free Crust	See p. 2 for more details on Gluten Free Crust pizza nutrition information.											
Sauce for entire extra large pizza	Robust Tomato	227	130	5	0	0	0	0	1190	25	6	16	5
	BBQ	128	240	0	0	0	0	0	920	52	2	46	2
	White Garlic Parm	142	640	600	66	12	1	35	1140	6	1	3	4
	Marinara	227	140	35	4	2	0	10	1410	21	4	14	4
Cheese for entire hand tossed or Crunchy Thin crust extra large pizza	Regular Cheese	255	680	450	50	31	2	185	2250	14	3	2	41
	Cheese Only Pizza	383	1010	680	76	47	2.5	280	3370	21	4	3	62
	Extra Cheese (w/ toppings)	383	1010	680	76	47	2.5	280	3370	21	4	3	62
Cheese for entire Brooklyn Style large pizza	Regular Cheese	283	880	630	70	43	2.5	260	2430	9	1	2	53
	Cheese Only Pizza	340	1030	730	81	50	3	300	2930	12	2	3	62
	Extra Cheese (w/ toppings)	340	1030	730	81	50	3	300	2930	12	2	3	62
Toppings for a 1 topping extra large pizza		Amount for Entire Extra Large Pizza											
	Anchovies*	57	110	70	8	0	0	45	3310	63	0	0	13
	Bacon	142	670	460	51	18	0	160	2520	12	0	6	41
	Banana Peppers	113	35	5	0.5	0	0	0	540	6	4	6	2
	Beef	184	560	430	48	20	1	125	1050	0	1	0	29
Cheese	American Cheese	128	470	350	39	24	1	115	2290	4	0	2	24
	Cheddar Cheese	99	400	300	33	21	1.5	105	620	1	0	1	25
	Feta Cheese	71	150	90	10	6	0	30	630	2	0	1	12
	Parmesan-Asiago, Shredded	71	280	180	20	14	0.5	55	770	2	0	0	21
	Provolone Cheese	99	340	260	28	17	1	105	830	1	0	1	20
	Chicken	184	260	70	8	2	0	105	1350	6	0	0	41
	Chorizo*	184	170	70	7	3	0	55	1110	2	0	2	22
	Garlic*	43	60	0	0	0	0	0	5	14	1	0	3
	Green Chile Pepper*	113	20	0	0	0	0	0	15	5	4	2	1
	Fresh Green Peppers	113	25	0	0	0	0	0	0	5	2	3	1
	Ham	128	160	70	8	2.5	0	60	1830	1	0	1	20
	Jalapenos	113	35	5	0.5	0	0	0	1920	7	3	7	2
	Fresh Mushrooms	184	35	0	0	0	0	0	40	4	1	0	5
	Olive, Black	113	200	180	20	4.5	0	0	830	3	3	0	1
	Olive, Green*	113	200	180	20	4.5	0	0	2490	3	3	0	1
	Fresh Onions	71	20	0	0	0.5	0	0	10	4	1	0	1
	Pepperoni	96	430	340	38	14	0.5	90	1840	0	0	1	20
	Philly Steak	142	170	60	6	3	0	65	990	4	0	3	25
	Pineapple	184	110	0	0	0	0	0	20	30	2	27	1
	Red Pepper, Roasted	113	25	0	0	0	0	0	190	5	1	2	1
	Salami	94	370	270	31	12	0	90	1590	2	0	2	22
	Sausage, Italian	184	650	490	55	20	0	105	1920	16	0	7	22
	Sausage, Sliced	149	490	380	43	15	0	105	1180	1	0	1	25
	Fresh Baby Spinach	71	15	0	0	0	0	0	55	3	2	0	2
	Tomatoes	184	35	0	0	0	0	0	580	9	4	6	2
	Wing Sauce	57	20	0	0	0	0	0	1830	4	1	1	1

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Recommended Serving	S	M	L	XL	Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	¼ pizza	¼ pizza	½ pizza	n/a												
Hand Tossed	⅓ pizza	⅓ pizza	⅓ pizza	⅓ pizza												
Handmade Pan Pizza	n/a	⅓ pizza	n/a	n/a												
Brooklyn Style	n/a	n/a	⅓ pizza	⅓ pizza												
Gluten Free Crust	⅓ pizza	n/a	n/a	n/a												

Domino's Handmade Pan Pizza **Amount for Entire 12" Pizza**

Crust only (handmade pan dough)	505	1530	500	56	29	0	0	1240	214	7	9	38
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Sauce only (Robust Tomato, Alfredo, BBQ, White Garlic Parm, Marinara)	85	45-390	0-360	0-40	0-12	0-0.5	0-50	460-730	4-33	0-2	1-29	1-4
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Cheese (pizza with toppings)	Light	177	560	410	45	28	1.5	165	1510	5	1	2	33
	Regular	198	620	440	49	30	2	180	1700	7	1	2	37
	Extra Cheese	241	730	520	58	35	2	215	2070	9	1	2	44
Cheese only	Light	177	560	410	45	28	1.5	165	1510	5	1	2	33
	Regular	241	730	520	58	35	2	215	2070	9	1	2	44
	Extra Cheese	283	840	590	66	41	2.5	245	2450	11	2	3	51

Pepperoni Handmade Pan Pizza	841	2420	1160	130	69	3	230	4310	227	10	18	87
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See p.3 for individual topping calorie information.

Domino's American Legends® **Amount for Entire Pizza (Hand Tossed Dough)**

Buffalo Chicken, Cali Chicken Bacon Ranch™, Fiery Hawaiian, Honolulu Hawaiian, Memphis BBQ Chicken, Philly Cheese Steak, Pacific Veggie, Wisconsin 6 Cheese	S	403-776	1060-1850	540-920	60-103	23-39	1-2	120-210	2160-4550	81-173	6-10	8-26	40-73
	M	578-1113	1500-2860	730-1560	82-173	33-59	1.5-3.5	170-305	3170-7170	114-251	8-30	11-36	56-102
	L	777-1467	1840-3770	790-2030	87-225	40-78	2-4.5	225-405	4200-9290	154-339	9-38	14-50	75-136
	XL	1050-1875	2760-4580	1110-2490	123-277	55-99	2.5-5	305-535	5680-11130	215-414	13-24	21-71	103-179

Domino's Artisan™ Pizzas Crust nutrition included. **Amount for Entire Pizza**

Italian Sausage & Pepper Trio	593	1260	480	53	21	1	120	2620	141	7	14	55
Spinach & Feta	496	1200	470	53	23	1	90	1970	136	5	7	45
Tuscan Salami & Roasted Veggie	511	1170	450	50	16	1	80	2240	138	6	10	42
Chicken & Bacon Carbonara	610	1230	400	44	19	1	140	2900	146	7	15	64

Feast Pizzas **Amount for Entire Pizza (Hand Tossed Dough)**

America's Favorite, Bacon Cheeseburger*, Deluxe, ExtravaganZZa, MeatZZa, Ultimate Pepperoni	S	403-776	1060-1850	540-920	60-103	23-39	1-2	120-210	2160-4550	81-173	6-10	8-26	40-73
	M	578-1113	1500-2860	730-1560	82-173	33-59	1.5-3.5	170-305	3170-7170	114-251	8-30	11-36	56-102
	L	777-1467	1840-3770	790-2030	87-225	40-78	2-4.5	225-405	4200-9290	154-339	9-38	14-50	75-136
	XL	1050-1875	2760-4580	1110-2490	123-277	55-99	2.5-5	305-535	5680-11130	215-414	13-24	21-71	103-179

Oven Baked Sandwiches **Amount for Entire Order**

Buffalo Chicken (extras: see below)	350	830	370	41	16	1	115	2690	74	3	5	42
Chicken Bacon Ranch (extras: see below)	315	870	400	45	16	1	125	2380	72	2	4	45
Chicken Parm (extras: see below)	322	750	270	30	16	1	120	2200	73	3	4	47
Italian	330	820	370	41	20	1	130	2700	70	3	4	41
Italian Extras	Extra Meat	38	110	80	9	3.5	0	30	640	0	0	7
	Extra Veggies	18	5	0	0	0	0	30	1	0	0	0
Italian Sausage & Peppers	379	860	410	45	21	1	125	2260	74	4	6	40
Mediterranean Veggie	336	680	260	29	17	1	85	2050	72	4	5	32
Philly Cheese Steak	329	690	250	28	15	1	105	2120	70	3	5	39
Philly Cheese Steak Extras	Extra Philly Steak	35	45	15	1.5	0.5	0	15	250	1	0	6
	Extra Veggies	25	5	0	0	0	0	0	1	0	0	0
Chicken Habanero (extras: see below)	350	800	290	32	17	1	125	2170	83	3	14	46

All sandwiches

Extras	Extra Cheese	21	70	60	6	4	0	25	180	1	0	4
	Extra Chicken	43	70	30	3.5	1.5	0	25	310	1	0	10
	Extra Veggies	18-25	5	0	0	0	0	0	0-30	1	0	0

Recommended Serving	S	M	L	XL	Weight (grams)	Calories	Calories from Fat	Fat (grams)	Saturated Fat (g.)	Trans Fat (grams)	Cholesterol (mg.)	Sodium (milligrams)	Carbohydrates (g.)	Fiber (grams)	Total Sugars (g.)	Protein (grams)
Crunchy Thin Crust	¼ pizza	¼ pizza	½ pizza	n/a												
Hand Tossed	½ pizza	½ pizza	½ pizza	½ pizza												
Handmade Pan Pizza	n/a	½ pizza	n/a	n/a												
Brooklyn Style	n/a	n/a	½ pizza	½ pizza												
Gluten Free Crust	½ pizza	n/a	n/a	n/a												
Penne Pasta Amount for Entire Order																
Italian Sausage Marinara	In bread bowl (2 servings)				673	1470	470	53	20	1	65	2770	197	9	20	52
	In tin (1 serving)				383	670	270	30	14	0.5	65	1770	69	4	13	29
Chicken Alfredo	In bread bowl (2 servings)				617	1400	460	51	22	1	100	2080	187	6	9	51
	In tin (1 serving)				326	600	260	29	16	1	100	1080	58	2	2	27
Chicken Carbonara	In bread bowl (2 servings)				659	1480	510	57	24	1	115	2220	188	6	9	56
	In tin (1 serving)				369	670	310	35	18	1	115	1220	59	2	2	32
Pasta Primavera	In bread bowl (2 servings)				631	1340	440	49	22	1	65	1770	187	7	9	40
	In tin (1 serving)				340	540	240	27	16	1	65	770	59	3	3	16
Sides Amount for Entire Order																
Inspired Chicken	Boneless	8 pc.	202	400	160	17	3.5	0	75	1580	28	1	2	33		
		14 pc.	354	700	280	31	6	0	130	2760	48	2	3	58		
		40 pc.	1010	2000	790	87	17	0	370	7880	138	6	10	166		
	Wings: Fire, Hot, Mild, Mango Habanero, BBQ	8 pc.	237	410-490	230	26	7	0	170	980-2720	9-31	2	1-22	34-35		
		14 pc.	414	710-860	400-410	45	12	0	295-300	1710-4750	16-54	3-4	2-38	60-61		
		40 pc.	1183	2040-2460	1160-1170	128-130	35	1	850	4900-13580	46-153	8-12	7-108	173-174		
	Wings: Plain	8 pc.	180	390	230	26	7	0	170	880	5	1	0	34		
		14 pc.	315	670	400	45	12	0	295	1540	8	2	1	60		
		40 pc.	900	1930	1150	128	35	1	850	4410	24	6	2	170		
Amazin' Greens® (1 salad = 2 servings) Dressings: Blue Cheese, Buttermilk, Creamy Caesar, Light Italian, Golden Italian, Greek	Garden Fresh Salad			241	140	70	7	4.5	0	20	160	9	4	4	7	
	Grilled Chicken Caesar Salad			269	170	60	7	3.5	0	45	590	9	4	3	19	
	Greek Salad			298	220	120	13	6	0	20	800	10	5	4	12	
	Croutons (1 pkg.)			18	90	35	3.5	0	0	0	140	11	0	0	2	
	Dressings (1 pkg.)			43	20-230	5-210	1-24	0-4.5	0-0.5	0-25	360-770	1-2	0	1-2	0-2	
Freshly Made Bread	Breadsticks (8 pc.)			244	870	450	50	10	1	0	780	89	3	4	17	
	Cinna Stix® (8 pc.)			262	940	440	49	9	1	0	690	109	4	24	16	
	Parm Bread Bites (16 pc.)			220	590	150	16	5	0	10	770	91	3	4	20	
	Parm Bread Bites (32 pc.)			439	1180	290	33	11	0	20	1540	182	6	9	40	
Stuffed Cheesy Bread	Cheese Only			416	1110	400	44	24	1.5	120	1920	129	4	7	49	
	Spinach & Feta			445	1150	420	47	25	1.5	125	2050	130	5	7	52	
	Bacon & Jalapeno			466	1250	490	55	28	1.5	150	2780	133	5	9	58	
Dipping Cups	BBQ Sauce			43	60	0	0	0	0	0	270	15	1	14	1	
	Blue Cheese			43	240	230	25	4.5	0	20	310	2	0	2	1	
	Garlic			28	250	250	28	5	0	0	160	0	0	0	0	
	Kicker Hot Sauce			43	50	40	4.5	0.5	0	0	1480	3	0	1	0	
	Marinara			57	25	0	0	0	0	0	270	5	1	4	1	
	Ranch			43	200	190	21	3	0	10	340	2	0	1	0	
	Sweet Icing			71	250	25	2.5	0.5	0	0	0	57	0	55	0	
Mango Habanero			43	80	0	0	0	0	0	60	20	0	17	0		
Chocolate Lava Crunch Cakes (1 cake = 1 serving)				171	690	310	34	20	0.5	130	340	93	3	62	8	
Drinks, Chips				Nutrition information available on package label.												

Product Allergen Information

The most common allergens are: Milk, Eggs, Fish, Shellfish, Wheat, Soy, Peanuts, Tree Nuts

Item	EGG	FISH	MILK	SOY	WHEAT [†]
Ingredients: Pizza Crusts					
CORN MEAL					
HANDMADE PAN PIZZA CRUST			✓	✓	✓
GLUTEN FREE CRUST					
HAND TOSSED CRUST			✓		✓
Crunchy Thin CRUST				✓	✓
Ingredients: Pizza Sauces					
ROBUST TOMATO / PIZZA SAUCE					
BBQ SAUCE, BROWN					
GARLIC PARMESAN / WHITE SAUCE	✓		✓	✓	
Marinara SAUCE			✓		
Ingredients: Cheeses					
PIZZA CHEESE			✓		
AMERICAN CHEESE			✓	✓	
CHEDDAR CHEESE			✓		
FETA CHEESE			✓		
PARMESAN-ASIAGO CHEESE			✓		
SHREDDED PROVOLONE			✓		
Ingredients: Pizza Toppings					
ANCHOVIES*		✓		✓	
BACON					
BANANA PEPPERS					
BEEF					
CHICKEN (GRILLED)			✓		
CHORIZO			✓		
GARLIC*					
GARLIC & HERB SHAKE-ON				✓	
GARLIC OIL BLEND			✓	✓	
GREEN CHILE PEPPERS*					
Fresh Green Peppers					
HAM					
Jalapenos					
Fresh Mushrooms					
OLIVES, BLACK					
OLIVES, GREEN*					
Fresh Onions					
OREGANO BLEND SHAKE-ON					
PARSLEY					
PEPPERONI					
PEPPERONCINI					
PHILLY STEAK TOPPING				✓	✓
PINEAPPLE					
ROASTED RED PEPPERS					
SALAMI					
SAUSAGE, ITALIAN					
SAUSAGE, SLICED					
Fresh Baby Spinach					
TOMATOES					
WING SAUCE (FIRE)					
WING SAUCE (HOT)					
WING SAUCE (MILD)				✓	
Ingredients: Side Items & Desserts					
CHICKEN: WINGS					
PLAIN (NO SAUCE)					
BARBEQUE				✓	
FIRE, HOT, MILD				✓	
MANGO HABANERO					

Item	EGG	FISH	MILK	SOY	WHEAT [†]
CHICKEN: BONELESS					
BONELESS CHICKEN				✓	✓
DIPPING CUPS					
BBQ SAUCE (RED)				✓	
BBQ SAUCE DIPPING CUP				✓	
BLUE CHEESE DRESSING DIPPING CUP	✓		✓	✓	
GARLIC SAUCE				✓	
KICKER HOT SAUCE				✓	
MARINARA SAUCE					
RANCH	✓		✓	✓	
SWEET ICING				✓	
MANGO HABANERO SAUCE					
FRESHLY BAKED BREADS					
PARMESAN BREAD BITES			✓	✓	✓
BREADSTICKS			✓	✓	✓
CHEESY BREAD			✓	✓	✓
STUFFED CHEESY BREAD					
CHEESE ONLY			✓		✓
SPINACH & FETA			✓		✓
BACON & JALAPENO			✓		✓
SALADS					
GARDEN			✓		
GREEK			✓		
GRILLED CHICKEN CAESAR			✓	✓	
CROUTONS			✓		✓
SALAD DRESSINGS					
BLUE CHEESE	✓		✓	✓	
BUTTERMILK RANCH	✓		✓	✓	
CREAMY CAESAR	✓	✓	✓	✓	
GOLDEN ITALIAN				✓	
LIGHT ITALIAN				✓	
DESSERTS					
CINNA STIX®			✓	✓	✓
CHOCOLATE LAVA CRUNCH CAKE †	✓		✓	✓	✓
Ingredients: Domino's Artisan Pizzas					
CHICKEN & BACON CARBONARA			✓	✓	✓
ITALIAN SAUSAGE & PEPPER TRIO			✓		✓
SPINACH & FETA			✓	✓	✓
TUSCAN SALAMI & ROASTED VEGGIE	✓		✓	✓	✓
Ingredients: Oven Baked Sandwiches					
BUFFALO CHICKEN	✓		✓	✓	✓
CHICKEN BACON RANCH	✓		✓	✓	✓
CHICKEN PARM			✓	✓	✓
ITALIAN			✓	✓	✓
ITALIAN SAUSAGE & PEPPERS			✓	✓	✓
MEDITERRANEAN VEGGIE			✓	✓	✓
PHILLY CHEESE STEAK			✓	✓	✓
CHICKEN HABANERO			✓	✓	✓
Ingredients: Domino's Penne Pasta					
BREAD BOWL			✓	✓	✓
CHICKEN ALFREDO			✓	✓	✓
CHICKEN CARBONARA			✓	✓	✓
ITALIAN SAUSAGE MARINARA			✓		✓
PASTA PRIMAVERA			✓		✓

* Limited availability. Check with your local store. † Note: wheat contains gluten.

† Note: manufactured in a facility that handles peanuts and tree nuts.